

The National College of Colon Hydrotherapy



LIVING FOODS & DETOX POST-GRADUATE COLONIC HYDROTHERAPY WORKSHOP

Saturday 5th & Sunday 6th September, 2009

Venue: The Chapel, Enmore, Nr Bridgwater, Somerset TA5 2AN

workshop leaders Alison Finn and Roger Groos

Alison Finn has a teaching degree, has also trained as a nurse, and been a complementary health practitioner for nearly twenty years. She works as a colon hydrotherapist in her own clinic in the New Forest. She is a registered living foods practitioner with the UK Centre for Living Foods and was trained by Elaine Bruce who trained with Ann Wigmore. Alison held a similar workshop with us in 2007 which all agreed was "fantastic".

Roger Groos' background as a biologist has helped to enlarge and reinforce training of colon hydrotherapy with which he has been involved since 1993. He has run popular postgraduate workshops for many years and has been closely involved with the evolution of The Association & Register of Colon Hydrotherapists (ARCH) over the years and is currently engaged in the future regulation of our therapy.

Timetable:

Friday 4th September: meet at clinic for dinner out at 7.00 p.m. (optional but good idea to meet everyone socially-please confirm in advance)

Saturday 5th September:

09.00 – 13.00 LIVING FOODS

What are living foods; why use living foods; the power of chlorophyll; the uses of wheatgrass and implants; the importance of enzymes; acid/alkaline balance; food combining; juicing, sprouting and using raw recipes with tasters

14.30 - 18.00 afternoon practical sessions – applying the knowledge. Implanting.

Sunday 6th September:

09.00- 13.00 DETOXING

Self-help techniques and supportive measures for the liver, lungs, kidneys, skin, colon & mind

14.30 - 16.30 final session, discussion and review.

Course cost: £150.00 covering tuition, handouts, light lunch and a.m. & p.m. refreshments (£75.00 non-returnable deposit + balance of £75.00 payable one month before course date)
A certificate of attendance will be given for CPD.

Accommodation: A list of suitable nearby B&B's will be sent upon confirmation of your booking.

Booking: Open to both ARCH members and qualified colon hydrotherapists, numbers are limited to 10 participants, allocated on a first-come first-booked basis.

Please use the separate booking form enclosed, and return with your deposit to:

Roger Groos, Peggies, Beach Road, Woolacombe, Devon EX34 7AE tel 01271-870436 fax 01271-871110

NCCH POSTGRAD COURSE BOOKING FORM

Please book my place on the "Raw Foods & Detoxing" workshop
on 5th & 6th September, 2009

Name:

Address:

Tel.

Fax.

e-mail

Please complete the following (certificates not required):

Study centre of your colonic qualification and date studied:

Other professional qualifications (i.e. nursing, MD, therapies)

Membership of professional bodies:

I enclose a deposit (non-refundable) of £75.00.

I will pay the balance of £75.00 one month before respective workshop dates

PLEASE MAKE CHEQUES PAYABLE TO "NCCH"

Please indicate whether you will be coming on Friday evening for dinner out.

Do you have any medical condition which may affect any practical sessions with you acting as recipient of treatment?

I certify the information given above is correct

Signed

Please return to: Roger Groos, Peggies, Beach Road, Woolacombe, Devon EX34 7AE