

ARCH



ARCH 2018 AGM and Study Day. Sunday July 8th 2018

Venue:- Huxley Building, Imperial College London, Exhibition Road, London SW7 2AZ

SIBO, Red Flags and the Fungal World Within.

ARCH are truly lucky to have two such motivational and inspiring speakers booked, both focusing on topics and treatment strategies which can make an almost instant difference to the well-being of our clients.



DR ERIC YARNELL ARCH is very fortunate that Eric will be in London next July and has agreed to be one of our speakers, focusing on the topic of SIBO (small intestinal bacterial overgrowth) along with treatment protocols. Eric will also be discussing Red Flags.

Dr Eric Yarnell is a prominent Naturopathic Physician, prolific researcher and author based in Washington State, USA. He is currently a Professor at Bastyr University, Adjunct Professor, Southwest College of Naturopathic Medicine, Tempe, Arizona and practises as a Licensed naturopathic physician in Washington. He is an Advisory Board Member to the American Botanical Council and on the Editorial Board, *International Journal of Naturopathic Medicine* He co-authored various chapters in the *Textbook of Natural Medicine* 4th ed., Pizzorno J, Murray M (eds) (Churchill Livingstone, 2012) and authored *Naturopathic Gastroenterology 2001* *Natural Approach to Gastroenterology 2001- and naturopathic Urology and Men's Health*.



FRED GILLAM - back by popular demand. Fred will be sharing his perspective on the integral role of the mycobiome, the fungal component of the microbiome, in modulating positive immune health, effectively assimilating nutrition from the diet and acting as a biological storehouse of the active compounds which are utilised by the human body in many processes to prevent disease. He will be sharing his patient's experiences of treating *Candida albicans* with a special seasonal mushroom and

using a fungal based technique for halting what is usually a terrible reaction to the accidental ingestion of gluten that may be of benefit to those suffering from NCGS and coeliac disease.

The mycobiome is a fascinating and diverse micro-universe, both inside and around us that we are only just beginning to understand. We hope you can join Fred in July at the ARCH conference for a journey through the human mycobiome, meeting some of the fungi that support our health and gaining some insight into how to keep the good, the bad, and the ugly in a state of equilibrium....

Registration 9.00 – 9.30.

09.30 – 13.00 Dr Eric Yarnell. (Refreshment Break 11.00-11.30)

13.00 – 14.00 Light Lunch Provided

14.00 – 15.30 Fred Gillam (refreshment break 15.30 – 16.00)

16.00 – 17.00 ARCH AGM

17.30 Close

The cost of the Study Day is £80.00. Payment details can be found on the booking form along with B&B details if you wish to stay on the campus.